



Tuesday's Child presents

# Tuesday's Parent

SUMMER 2011

[www.tuesdayschildchicago.org](http://www.tuesdayschildchicago.org)

## Schools Out! What Now??

As parents, we are overwhelmed with options for summer activities. In the parent magazines, on the Internet, and on television we see ads for beaches, waterparks, museums, and other play places. We also see opportunities for mini- or full blown vacations in Lake Geneva, Wisconsin Dells, Indiana Dunes, etc. But what if your child has a hard time participating in these types of activities? Or, what if simple trips to the local park often end in disaster? This can make the summertime options daunting.

**Antecedent Planning** is a great way to deal with the unpredictability of summer.

Plan summer activities with your child's strengths in mind.

Summer is the time of year that its easiest to "forget" some of the positive parenting concepts taught at Tuesday's Child. One of the most important concepts is that children often do best when things are predictable, when they know (in advance) what's on the schedule. So, if Mom or Dad suggests an impromptu trip

to the beach on a hot day, the kids may not rush for their bathing suits.

Many concepts taught at Tuesday's Child can be used to take the "dread" out of summer and make it possible to successfully do all those activities we see in the magazines.

Antecedent Planning is a great way to deal with the unpredictability of summer. Plan activities with your child's challenges in mind. It might be that taking an extra snack, or planning a shorter trip, or walking instead of driving is all it takes for success at the beach. It's also a good idea that your child know "the plan" in advance. So, set a schedule for the week, post it on a calendar the kids can see and tell them each night about the next day's plan.

Using reinforcers, goal plans and, of course, praise will go a long way towards having trouble-free outings.



Tuesday's Child  
4028 W. Irving Park Rd.  
Chicago, IL 60641  
[www.TuesdaysChildChicago.org](http://www.TuesdaysChildChicago.org)

Mercedes Benz of Chicago  
North Ave & Kennedy Expressway  
October 22, 2011  
7:00-10:00 PM

SAVE THE DATE  
FOR THE  
30<sup>TH</sup> ANNIVERSARY  
GROWN-UPS  
BALL!



## Summer Fun Begins at Tuesday's Child



Summer Camp is underway. The teachers at Tuesday's Child have planned a fun-filled, 10 week schedule of activities and field trips for our campers. Each session has a new theme. July starts with "Under the Sea" and camp ends with "Construction and Creativity". Every day, the kids participate in activities, bring in pictures or wear t-shirts that support the theme. The highlight of each week is the field trip! This year the kids will venture to Mayan Waterpark, Legoland, 2 Childrens museums, Foster Ave. beach and the Peggy Notebaert Nature Museum, to name a few. While having all this fun, the campers are also preparing for school in the fall as they learn to wait in line, interact appropriately, recognize limits and follow direction.

## Denise and Asher's Journey

Beginning at only 3 months old, Asher became a difficult kid to parent. At 9 months, I remember strangers saying, "What a serious baby you have...". If Ash didn't want to do something, boy would he let me know! One day, my best friend (and mother of the world's easiest baby) experienced, first-hand, one of Asher's Olympic-sized meltdowns. She thought I should call my pediatrician.

I waited it out, but the battle of wills continued, both of us fighting for control, making our home life miserable. Since this was not at all what I envisioned, I finally called the doctor during a particularly bad week and they recommended Tuesday's Child.

Once a week, I met with Katie, kept meticulous notes, did all my readings and followed the program. I praised Asher until my voice was hoarse,

implemented the scripts – "When you brush your teeth, then we can watch TV" – and taught my husband what I learned. After 4 weeks, there was a noticeable difference in Asher's behavior. By 9 weeks, I felt in control of my house.

I truly feel that Tuesday's Child worked a miracle in our family. My son amazes me with his behavior, in a positive way! Tuesday's Child taught me to be accepting of Asher, that he is strong-willed and powerful, not difficult. I love him for all his idiosyncrasies and I use the tools I learned to be successful in any situation. I have days where my heart is bursting with pride over the good choices Asher makes and I owe it all to Tuesday's Child.

— Denise



## Tuesday's on Tuesday

This workshop is a group discussion led and moderated by Tuesday's Child's experts in child development and parent coaching. Held every 2-3 months, it's geared towards parents who are struggling with their child's behavior and is a great introduction to the positive parenting concepts that Tuesday's Child teaches. The next session is scheduled for Tuesday September 13<sup>th</sup>.



Jess Broniarczyk

## A Face to Know at Tuesday's Child

As Tuesday's Child celebrates its thirtieth year, we are reminded of the many success stories about Tuesday's Child families. One of them is our own teacher, Jess Broniarczyk, who began as a Tuesday's Child herself 21 years ago. She was a strong-willed almost 3 year-old who bit, had tantrums and threw

herself on the floor whenever she heard the word "no."

Her experience with Tuesday's Child led the way to success at University of Chicago Laboratory Schools, Marquette University and Argosy University, where she has just completed a Master's Degree in Clinical Psychology.

Today, Jess is a valued member of the Tuesday's Child staff and fondly remembers her first school experience with Miss Juanita. As soon as she was old enough, she started volunteering

for Tuesday's Child, working at fundraisers. In 2006, she was hired to work in the classrooms during the summers, then full time in the office after college. Today Miss Jessy is a Lead teacher in the Summer Camp program and is truly loved by all the kids.

Miss Jessy is a shining example of how the "strong willed" 3 year-olds who enter our program, become strong leaders as adults!



## Ask JoAnne Loper Practical Advice for Parents...

**Q.** After finishing the program at Tuesday's Child, we are getting ready for a weekend away with my brothers and sisters and their kids. We've seen a HUGE improvement in our child's behavior and attribute most of it to our change in parenting style. My question is, what do we say to my family about the program?

**A.** It can be so difficult to tell people you're taking a parenting class and I often wonder why? If you're selling a house and took a class about marketing your property, folks would think you were intelligent and clever. Anyway...

I always find that when I say that this class helped my son problem solve when he had to take "no" for an answer, and make better choices with playmates and siblings, people are more considerate of your decision to attend parenting classes. I think most people aren't really questioning about why you're taking a class, they are defending themselves as to why they are not.



### Calendar of Events

**August 26**  
Summer Camp Ends

**September 13**  
Tuesday's on Tuesday Workshop

**September 17**  
Saturday Core Program Start

**October 22**  
30th Anniversary Grown-ups Ball

**November 12**  
Saturday Core Program Start

## Follow us On...



TuesdaysChildChicago.org

### Tuesday's Child Leadership

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**Victoria Lavigne**, Ph.D., Co-Founder  
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